



Corporate Prayer Schedule & Opportunities

- Prayer at the Church every Tuesday & Friday at 7:00 PM.
- Prayer at the Church every Sunday Morning at 9:30 AM
- Prayer on the Conference Call prayer line every Sunday night at 6:00 PM.
- Prayer Culmination on Sunday Morning, January 30th at 9:30 AM.

We encourage you to follow along with the daily focus points to keep your heart open to everything God is speaking to you each day of the fast. Also feel free to use the daily devotion on our website: www.actionchurch.net

What is Fasting?

Fasting is the intentional denial of something that you desire with the designed purpose of becoming closer to God. It is in essence a physical sacrifice for spiritual growth. Fasting is rooted in a commitment to deny our own physical desires to increase our spiritual effectiveness. In order for fasting to be effective, there must be prayerful discipline (Mark 9:29).

What is Prayer?

Prayer is an intentional, two-way communication with God for the purpose of receiving His direction for life. There are several types of prayers that include – thanksgiving (showing gratitude or gratefulness for what God has done), requests or desires (letting God know what is on your heart or your specific need), intercession (praying on the behalf of others for God to intervene in their lives). Prayer is intended to line up with the Word of God and His will for your life (James 5:16).

What is Meditation?

Meditation is the act of giving your time or attention to a specific thought, concept, situation, or person. Meditation means to consider or to think strongly upon. Meditation often involves reflection in order to understand the will of God (Joshua 1:8). Through meditation, we speak back to God what it is that He has given us as a prevailing thought during our meditation time.

How Do I Fast?

Fasting is not something that should be taken lightly. First, be prayerful concerning God's direction on the type of fast that would be best for you (see fasting types below). Next, if you have any serious health concerns, please consult your physician before participating in a fast that could hurt your health. Finally, remember that fasting is a sacrifice. Whatever type of fast you choose, remember to fill that time or desire with prayer, meditation, and/or the Word of God.

Types of Fast

There are several fasting choices. For the purpose of our fast, these options include:

1. *Denial: No food at all from sunrise to sunset.*
2. *Daniel: Fruit, vegetables, juice, and water only for the entire day.*
 - ✓ No Red Meat
 - ✓ No Chicken
 - ✓ No Fish
 - ✓ No Fried foods
 - ✓ No Bread
 - ✓ No Dairy products
 - ✓ No Sweets (candy, cakes, etc.)
 - ✓ No displays of Anger
 - ✓ Only fruits, vegetables, 100% juices & water
 - ✓ Prayers/Devotion for the first 15 minutes of each day (minimum)
 - ✓ Minimize Social Media use during fast (exceptions are work and business-related needs)
3. *Desert: Water is your only beverage of choice during the fasting period. You may eat whatever you desire that fits within the context of the Daniel Fast.*
4. *Drought: No television, social media, or Internet (with the exception of work-related needs, news and religious programming).*
5. *Deliverance: All members are asked to abstain from sinful habits or habitual behaviors in addition to the options above to receive the maximum results from the fasting experience (Example: cursing, gossip, overreacting, alcohol, unforgiveness, ungratefulness, sexual sins, etc. Read Galatians 5:15-26 and Hebrews 12:1).*

Fasting Preparation

1. *Enter this fast and any fast prayerfully and with expectation. If you do not have a plan on what you want to discover in your time of drawing closer to Him, you will not know what to expect coming out of the fast.*
2. *Prayerfully decide which fast you will take part in. The desire should be for the wisdom of the Holy Spirit to direct you on what to sacrifice.*
3. *Fasting is a sacrifice and sacrifices hurt. Make sure you minimize your times spent on social media, television, the internet, and etc. You should consider substituting those times with concentrating more on prayer, meditation, and the Word of God.*
4. *Stay focused. Temptation will come from the left and the right, but stick to your plan! Self-control is a must.*
5. *Expect God to speak. If there is an expectation that God will speak to you (through His Word, through His Spirit, or through His people), there will be a stronger sensitivity to what God desires to say.*
6. *Take time to write or journal. It may be something you consider to be minor today, but it could have heavy consequences for your future. Write down what you sense God speaking to you.*

Prayer Schedule

// Week One //

- Jan. 10th Pray for the Action Church pastoral and leadership team to have unity, wisdom, and strategy to lead. Pray for their protection and for them to continue to walk in excellent health and wholeness while prospering in their affairs and family. *Ephesians 1:17-19; Colossians 1:9-11.*
- Jan. 11th Pray for the advancement of Action Chapel International and all of the Action Chapel Churches in covenant with Arch Bishop Duncan Williams. Pray for Bishop Kibby and the ACV family. Pray that God would remove the scales that blind the eyes of those who do not believe. Pray that God's anointing and hand will establish Bishop Kibby where he belongs and where he's supposed to be in the Spirit. *John 16:8; 2 Corinthians 4:4; Psalm 89:20-21*
- Jan. 12th Declare acceleration and momentum for the advancement of ACT's vision and all of the resources God will use to grow His ministry. Pray for the families God will send us and the leaders he will use to advance His kingdom. Pray for our influence in the region to be revealed by God's glory. Pray that ACT will be a church that will have the right attitude and heart; that we will trust God completely; that we will be quick to forgive others of offenses; and that we will grow as one body and protect the Spirit of unity. *Matthew 11:12; Jeremiah 17:7-8; Ephesians 4:1-3; Colossians 3:12-17*
- Jan. 13th Pray that the Pastoral Leadership Team and Directors of ACT's ministry to lead with integrity, excellence and continue to advance the Kingdom of God through the God given Vision; and pray for Supportive Leaders and Workers not to be weary in well-doing but to serve faithfully and as unto the Lord. *Galatians 6:9-10*
- Jan. 14th Declare the vision of ACT as being a disciple making church where character is built in the lives of God's people, leaders are developed and God's Kingdom is advanced. *Matthew 28:19*
- Jan. 15th Declare that ACT will be productive in every season of life as we follow after the counsel of God's word. Pray for the releasing of the 5-fold ministry in our church. Pray for the gifts of God to be unlocked as the people are released to serve. *Psalm 1:1-3; Ephesians 4:11*
- Jan. 16th Pray for the Fire of God to be poured out on all leadership at ACT and that it will be evidenced in the teaching and preaching of God's word. Pray for the releasing of the Fire of God with the Baptism of the Holy Spirit upon every leader. Pray for the releasing of a spirit of discernment upon each leader that will help navigate the ACT ministry in the Spirit realm. Pray that God will connect all leaders with the five-fold ministry gifts that will increase and sharpen their discernment. *Jeremiah 23:29*

// Week Two //

- Jan. 17th Pray for the demographics of people in our region to experience God and to have life changing encounters: Pray for the sick, oppressed, depressed, co-dependent, single mothers, youth, elders, families, and etc. *Isaiah 61:1-7, Jeremiah 1:10*
- Jan. 18th Pray for all of the material things ACT needs for effective ministry in reaching families and lost souls for Christ. Pray for the increase of finances for all covenant partners and for the ACT ministry. Declare that we will possess our possessions and every blessing God has for us will be received by us and not denied. Declare that this will be a year of tidal waves of God's blessings, divine wisdom, knowledge, and understanding to operate in those blessings according to the perfect will of God. Pray that we will live in the overflow of Shalom this year with nothing missing, broken, or lacking. We are blessed to be a blessing. *Philippians 4:19; Ephesians 1:17-18; Romans 12:2*
- Jan. 19th Pray for God's plan to be released and enforced in the lives of every covenant partner of ACT. Declare the generational callings and blessings of God to be active in our lives. Pray for the provisions and assignments of God to be fully activated and that no one experiences delays, setbacks, hinderances, or limitations and boundaries set by demonic influences *Romans 8:1; Isaiah 44:3-4*

- Jan. 20th Declare every evil plan, plot, and strategy of the enemy against every member of ACT is destroyed and that no one will be caught by surprise attacks. Declare that healing and protection is our portion and that sickness, disease, plagues, death, and poverty are far from us and our families this year. We shall live and not die and fulfill our full destinies, callings, and purposes that God has for us. *Isaiah 54:17, Psalm 91:3-4, Psalm 118:17*
- Jan. 21st Declare that there will be no backlash from the enemy against ACT's families. Pray that all barriers, hinderances, limitations, and boundaries set by the enemy are broken and destroyed in Jesus' name. Pray that God will uncover the plans of the enemy hidden in satanic wombs and that the power of God would destroy them by fire. *Jeremiah 33:3, 1 John 4:4*
- Jan. 22nd Declare the Gates of our lives, our families, and ACT as being opened for the King of Glory to come in to heal, restore, deliver, and prosper. Declare that we will never eat the bread of adversity nor drink from the cup of affliction. Our lives are prosperous and that we have received everything God has planned for us. Declare that our times and seasons are in God's hands and that we are His righteous people and our steps are ordered by Him. *Psalm 24:7, Isaiah 30:20, Psalm 31:15*
- Jan. 23rd Declare that the fire of God would destroy sabotaging spirits, witchcraft, sorcery, mediums, and all satanic activity in and around ACT and all families of our church. Declare that any person who is against the purpose and will of God for our lives to be exposed and that their plans will be frustrated and destroyed, never accomplishing what they intended. Pray that God will silence our enemies, adversaries, and accusers that have been assigned to our lives and families. Declare that all generational curses, entanglements, entrapments, and evil cycles are permanently broken and destroyed off of our lives and families. *Galatians 5:1, Psalm 8:2, Deuteronomy 11:26-28*

// Week Three //

- Jan. 24th Pray for the strength of God to be upon our lives to stand strong and accomplish everything God has for us this year. Declare that we run through troops and leap over walls and that it is God who girds us with strength and makes our way perfect while giving us stability, stamina, and perseverance. *Psalms 18:30-40*
- Jan. 25th Declare that the people of ACT will have fully committed hearts towards God so that He will "Show Himself Strong" on their behalf in every area pertaining to life. Declare ACT as being a church and people who will love and embrace God's Word without carnality and compromise. *2 Chronicles 16:9; Psalm 119:33-35*
- Jan. 26th Declare God as being a covenant-keeping God over our lives, church, family, and community. Declare every open door and foothold for the enemy is destroyed by the fire of God. Declare evil patterns of cycles and bondages in our families to be revealed so that faith arises within us to break every yoke, attack and curse. We are bloodline curse breakers in Jesus' name and we destroy the power of darkness over our families. *Isaiah 59:21; Proverbs 20:77*
- Jan. 27th Pray for safety and stability in our nation and region. Pray for justice: Pray for the stopping of abortion, human trafficking, acts of violence, and other injustices happening in our city and nation. *Psalm 72:1-4, 12-14; Psalm 82; Isaiah 58:6-12*
- Jan. 28th Pray for our government, local courts, education system and for the President of the United States of America (Joe Biden) and his administration. *Romans 13; Titus 3; 1 Peter 2:13-17*
- Jan. 29th Pray for young adults and University Campuses: Pray for local schools and colleges as well as for a youth revival movement. *Joel 2:28, Malachi 4:6*
- Jan. 30th Pray for the protection of the US borders and all of its United States. Pray for the peace of Jerusalem, the salvation of the Jewish people, revival in the congregations in Israel, and for the fulfillment of all the prophetic promises to the nation. *Romans 9-11; Isaiah 62*